

BREAST DISEASE
Hacker, et al. 4th Ed. Chapter 30

A 52 year old woman, G1 P1001 presents to the gynecology clinic with complaints of a palpable breast lump in her right breast. She is very concerned because her mother died of breast cancer. She has had no menses for 2 years and will not take hormones because she is afraid of cancer. Her exam reveals a mobile 2cm palpable lesion in the upper outer quadrant of the right breast. Please discuss the management of this case.

APGO Educational Topic 40: Disorders of the Breast

1. Demonstrate the performance of a comprehensive breast exam.
2. Discuss diagnostic approach to a woman with the chief complaint of breast mass, nipple discharge, or breast pain.
3. List history and physical findings that may suggest:
 - a. Mastitis
 - b. Carcinoma
 - c. Fibrocystic changes
 - d. Intraductal papilloma
 - e. Fibroma

Questions to Consider:

1. What if this case were a 32 year-old woman who is 3 months postpartum?
2. What is the differential diagnosis in the lactating woman?
3. What are the best imaging modalities to evaluate breast lumps?

APGO Educational Topic 14: Lactation

1. List the normal physiologic and anatomic changes of the breast during pregnancy and the postpartum periods
2. Recognize and treat common postpartum abnormalities of the breast
3. List the reasons why breast feeding should be encouraged
4. Identify commonly used medications which are appropriate and inappropriate to use while breastfeeding